

“Through Humility into Wholeness: a Lenten Journey with the Enneagram.”

Central Kitsap Presbyterian Church | March 2020

Our Lenten journey has been one in which we have taken a deeper look at ourselves through the use of the Enneagram. We have done this so that we can accept Christ’s invitation to grow and flourish in our life as a follower of Christ.

When you are able, take 20 minutes and ponder the following questions. One way to answer the questions is in the form of a letter to God.

1. What have I learned about myself in this study that is hard for me to accept? What makes it so hard?
2. What would it feel like if I became willing to repent and surrender that part of myself to God’s loving grace?
3. What do I think might (or might not) happen if I did?

Now, take time to imagine yourself sitting in a quiet place with our Lord discussing all these things together. What do you say to Jesus? What does he say to you? Take time to write down part of the conversation.

Finally, thank God for your life as it is today, and thank God for the darkness of Lent and the joy of Easter morning.